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8 UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
9 AT SEATTLE

10 CASSIE CORDELL TRUEBLOOD, et  
11 al.,

12 Plaintiffs,

13 v.

14 WASHINGTON STATE DEPARTMENT  
15 OF SOCIAL AND HEALTH SERVICES,  
et al.,

16 Defendants.

CASE NO. C14-1178 MJP

FINDINGS OF FACT AND  
CONCLUSIONS OF LAW

17 Plaintiffs bring this action seeking an order to compel Defendants to provide timely  
18 competency evaluation and restoration services to class members—individuals charged with a  
19 crime who are detained in city and county jails awaiting services—after a court orders that  
20 Defendants provide class members with those services. The Court previously granted Plaintiffs’  
21 motion for summary judgment, finding that wait times of up to seven days were constitutional,  
22 and that wait times beyond seven days were suspect. In order to determine the precise outer  
23 boundary of constitutionally permissible wait times in this case, and to determine the appropriate  
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1 remedy, the Court held a seven-day bench trial, which began on March 16, 2015, and concluded  
2 on March 25, 2015. Plaintiffs were represented by Emily Cooper, La Rond Baker, Christopher  
3 Carney, Anita Kandelwal, and David Carlson; Defendants were represented by Sarah Coats,  
4 John McIlhenny, Amber Leaders, and Nicholas Williamson. After consideration of the evidence  
5 and the arguments submitted, the Court makes and enters the following Findings of Fact and  
6 Conclusions of Law:

### 7 **Summary**

8 The State of Washington is violating the constitutional rights of some of its most  
9 vulnerable citizens. The State has consistently failed to provide timely competency evaluation  
10 and restoration services, services needed to determine whether individuals understand the  
11 charges against them and can aid in their own defenses, which is required in order for them to  
12 stand trial. By failing to provide competency evaluation and restoration services within seven  
13 days of a court order, the State fails to provide both the substantive and procedural due process  
14 required by the Constitution. Our jails are not suitable places for the mentally ill to be  
15 warehoused while they wait for services. Jails are not hospitals, they are not designed as  
16 therapeutic environments, and they are not equipped to manage mental illness or keep those with  
17 mental illness from being victimized by the general population of inmates. Punitive settings and  
18 isolation for twenty-three hours each day exacerbate mental illness and increase the likelihood  
19 that the individual will never recover.

20 The Department of Social and Health Services has been hampered in providing these  
21 required services by insufficient funding for beds and personnel. Without these resources, they  
22 cannot collaborate and coordinate with the other agencies and courts involved in the criminal  
23 mental health system.

1 The Department of Social and Health Services has failed to change its procedures to  
2 respond to this ongoing crisis, and has routinely defied the orders of Washington's state courts, a  
3 practice that has resulted in hundreds of thousands of dollars in contempt fines. The Department  
4 continues to fail to make significant progress in implementing any of the reforms recommended  
5 by auditors and experts. The Department has failed to plan ahead for growth in the demand for  
6 competency services, which has increased every year for the last decade, and has failed to show  
7 the leadership and capacity for innovation that is required to address the crisis. Other states and  
8 counties have been able to meet the constitutional requirements, and so can the State of  
9 Washington.

10 In order to stop these continued violations, the Court enters a permanent injunction  
11 requiring the provision of competency services within seven days. The Court will appoint a  
12 monitor to ensure that progress toward the timely provision of services is being made. The  
13 mentally ill are deserving of the protections of the Constitution that our forefathers so carefully  
14 crafted. The rights protected can be difficult and sometimes costly to secure; however, the  
15 Constitution is a guarantee to all people, and is not dependent upon a price tag. The State must  
16 honor its obligations under the law.

## 17 **FINDINGS OF FACT**

### 18 **I. The Class**

19 1. Class members are all pretrial detainees waiting in jail for court-ordered competency  
20 services that Defendants are statutorily required to provide. Putative next friends seek to assert  
21 claims on behalf of named Plaintiffs. On October 31, 2014, the Court certified the class as: All  
22 persons who are now, or will be in the future, charged with a crime in the State of Washington  
23 and: (a) who are ordered by a court to receive competency evaluation or restoration services  
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1 through the Washington State Department of Social and Health Services (“DSHS”); (b) who are  
2 waiting in jail for those services; and (c) for whom DSHS receives the court order.

3           2. Plaintiff K.R. was booked into Thurston County Jail on June 23, 2014. On July 3,  
4 2014, a court ordered Western State Hospital (“WSH”) to evaluate his competency. The  
5 evaluation was completed on July 23, 2014. On July 30, 2014, the court found K.R. incompetent  
6 and ordered that he be admitted to WSH for competency restoration treatment. WSH confirmed  
7 receipt of the order on July 30, 2014. K.R. was not admitted to WSH for competency restoration  
8 until October 3, 2014. While waiting for transportation to WSH for court-ordered competency  
9 services, K.R. was incarcerated for more than seventy-five days where he lacked medication and  
10 spent the vast majority of that time in solitary confinement after being assaulted by his cellmate.

11           3. Plaintiff A.B. was an inmate at the Snohomish County Jail on July 2, 2014, when a  
12 court found her incompetent and ordered her to be admitted to WSH for competency restoration  
13 services. Defendants received the court order on or about July 3, 2014. While waiting for  
14 transportation to WSH for court-ordered competency services, A.B. was incarcerated for thirty-  
15 seven days in solitary confinement where she declined to take medication or wash herself.

16           4. Plaintiff D.D. was booked into Spokane County Jail on July 29, 2014. On August 5,  
17 2014, the court ordered that Defendants conduct a competency evaluation. Eastern State  
18 Hospital (“ESH”) confirmed receipt of the court order for competency evaluation on August 6,  
19 2014. D.D. was evaluated by ESH on September 10, 2014. D.D. waited thirty-five days in  
20 solitary confinement or on suicide watch, which is also a form of solitary confinement, after  
21 making numerous statements about wanting to die at Spokane County Jail before the evaluation  
22 was completed. D.D. was eventually found not competent to stand trial.

1           5. In the month preceding trial, one class member committed suicide while incarcerated  
2 and waiting for DSHS to provide competency services.

3           6. Each named Plaintiff and class member is a constituent of Plaintiff Disability Rights  
4 Washington (“DRW”). All fall within DRW’s mandate to ensure that the rights of persons with  
5 mental health conditions are protected. DRW’s interests are in complete alignment with those of  
6 the class members.

7           7. DRW is a private non-profit organization designated by the Governor of the State of  
8 Washington as the protection and advocacy system for individuals with mental, physical,  
9 sensory, and developmental disabilities in the state of Washington pursuant to the  
10 Developmental Disabilities Assistance and Bill of Rights Act, 42 U.S.C. § 15041, et seq.; the  
11 Protection and Advocacy for Individuals with Mental Illness Act, as amended, 42 U.S.C. §  
12 10801, et seq.; the Protection and Advocacy of Individual Rights Act, 29 U.S.C. § 794e; and  
13 RCW 71A.10.080.

## 14           **II.     The Competency Process**

15           8. Defendant DSHS is charged under Washington law with overseeing competency  
16 services, including evaluations and restorations. RCW 10.77 et seq. If an individual is found to  
17 be incompetent to stand trial, state law places responsibility on Defendant for “providing mental  
18 health treatment and restoration of competency.” RCW 10.77.088; see also 10.77.084 and  
19 10.77.086.

20           9. When a court has ordered an individual to undergo competency evaluation or  
21 restoration, the individual’s criminal case is stayed during all competency-related proceedings.  
22 See RCW 10.77.084 (providing that after a criminal defendant has been found incompetent, the  
23 proceedings against the defendant are stayed); Washington State Court Rules: Superior Court  
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1 Criminal Rules, CrR 3.3(e)(1) (excluding all proceedings related to the competency of a  
2 defendant to stand trial when computing time for trial).

3 10. Defendants provide competency services in local jails, in the community, or at the  
4 two state hospitals, ESH and WSH. See RCW 10.77.060. Nearly ninety percent of evaluations  
5 occur outside the state hospitals, either in jails or, for persons who have been released from jail  
6 on personal recognizance, in the community.

7 11. The process begins when there is reason for a judge or an attorney to doubt that an  
8 individual charged with a crime is competent to stand trial. Because state and federal law forbid  
9 the criminal prosecution of individuals who do not understand the charges against them or are  
10 unable to aid in their own defenses, courts order that these individuals' competency be evaluated  
11 to determine whether they may stand trial. RCW 10.77.060; See also Medina v. California, 505  
12 U.S. 437, 449 (1992) ("the Due Process Clause affords an incompetent defendant the right not to  
13 be tried").

14 12. When a court orders a competency evaluation, the court order is sent to Defendants,  
15 who gather the required documentation and assign the case to an evaluator.

16 13. In order to complete an evaluation, an evaluator requires the following documents:  
17 (1) the court order; (2) the charging documents; and (3) discovery (e.g., criminal history, police  
18 reports). If the evaluation will be completed at one of the state hospitals, the individual must  
19 also be medically cleared, i.e., cleared by a medical professional at the jail as stable enough to  
20 receive care in a psychiatric hospital, which is not equipped to handle all types of medical  
21 emergencies.

22 14. While evaluators require access to the necessary documentation, the evaluation is  
23 based primarily on a thirty-to-ninety-minute face-to-face interview with the individual.

1           15. After completion of the evaluation, the evaluator provides his or her report and  
2 recommendation to the court in which the criminal proceeding is pending. RCW 10.77.065. If  
3 the court finds the individual competent to stand trial, the criminal prosecution resumes. If the  
4 court finds the individual incompetent, the proceedings are stayed and the court may enter a  
5 competency restoration order as allowed by RCW 10.77.086 or 10.77.088.

6           16. Approximately fifty percent of individuals ordered to receive a competency  
7 evaluation in Washington are found to be incompetent to stand trial.

8           17. Depending on the nature of the criminal charges against the individual, the court  
9 orders restoration periods ranging from two weeks to ninety days. RCW 10.77.088 (non-felony  
10 restorations) and 10.77.086 (felony restorations). Restoration periods of forty-five days are  
11 ordered for individuals charged with class B and C felonies, and periods of ninety days are  
12 ordered for individuals charged with all other felonies. After a hearing, a second ninety-day  
13 restoration period may be ordered. If certain conditions are met, a court may order additional  
14 restoration treatment for a period of up to six months. Restoration periods of fourteen days, in  
15 addition to any unused in-patient evaluation time, are ordered for individuals charged with  
16 serious non-felony crimes, for total restoration periods of up to twenty-nine days.

17           18. Individuals charged with non-serious non-felony crimes are not ordered for  
18 restoration if they are found incompetent. Instead, their charges are dismissed or stayed, and the  
19 individual may be referred for civil commitment under RCW 71.05.

20           19. Sixty percent of individuals charged with misdemeanors have their charges  
21 dismissed after the completion of a competency evaluation. Ninety percent of individuals  
22 referred for competency evaluations have had prior contact with the criminal justice system.  
23 Thirty-seven percent have been referred for a competency evaluation more than once since 2011.  
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20. If the court orders that an incompetent individual receive competency restoration services, the individual is placed on a waiting list for admission to one of the state hospitals, ESH or WSH, where DSHS provides competency restoration services. Individuals who receive competency evaluations at the state hospitals and are found to be incompetent are usually transported back to jail, where they must wait until Defendants have sufficient bed space and staff to provide the ordered restoration services.

21. From 2001 to 2011, Washington has seen an eighty-two percent increase in the demand for competency evaluations. Demand for competency services has grown, and is expected to continue to grow, at a rate of eight to ten percent per year. In addition to yearly growth, there are seasonal fluctuations in the demand for services each year.

22. For years, Defendants have failed to timely provide competency services pursuant to state law and have almost never provided court-ordered competency services within seven days. While much of DSHS’s data is incomplete and unreliable due to poor data collection and management practices and a lack of consistency of practices across the state hospitals, the following chart, based on information provided by DSHS to the legislature in December 2014, is illustrative of the nature and persistence of Defendants’ delays:

<b>DSHS Competency Service</b>	<b>Average Number of Days Waiting, ESH</b>	<b>Average Number of Days Waiting, WSH</b>	<b>Target Number of Days</b>
<b>Evaluation in hospital – bed offer</b>	41.2	30.6	7
<b>Evaluation in jail – completed</b>	56.3	14.7	7
<b>Restoration in hospital – bed offer</b>	20.9	29.8	7



1           23. It is the policy of the state of Washington that evaluations should occur within seven  
2 days, and that admission to the hospitals should also occur within seven days. See Senate Bill  
3 6492; Senate Bill 5889. Defendants have conceded that “some of the waiting periods are  
4 excessive and indefensible.” (Dkt. No. 95 at 1.)

5           24. Delays in the provision of competency services result in people with confirmed or  
6 suspected mental illness spending more time incarcerated for the same offenses than those  
7 without mental illnesses. In King County Correctional Facility, for instance, those with mental  
8 illness spend on average three times more time incarcerated than those without mental illness.  
9 Furthermore, overincarceration and the postponed adjudication of competence results in  
10 significant costs to the public, especially when class members are held in solitary confinement.  
11 At all times relevant to this case, class members are pretrial detainees and, as such, have not been  
12 convicted of the alleged crime for which they were arrested and sent to jail.

### 13           **III. The Harms Caused by Prolonged Incarceration**

14           25. Jails are inherently punitive institutions, and are not designed or administered so as  
15 to provide for the needs of the mentally ill. A correctional environment, calibrated to provide  
16 safety and order, is incongruous with the particular needs of the mentally ill, and results in  
17 people with confirmed or suspected mental illness spending more time in solitary confinement,  
18 where their mental health further deteriorates. This deterioration is in direct conflict with the  
19 State’s interest in prompt evaluation and treatment so that the individual may be brought to trial,  
20 especially for individuals whose illnesses become more habitual and harder to treat while they  
21 wait in isolation.

22           26. Washington’s state hospitals provide high levels of care to the individuals they can  
23 accommodate, and are an appropriate environment for mental health treatment. The state  
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1 hospitals provide group and individual programming, have outdoor spaces and televisions, and  
2 perhaps most importantly, allow class members to enter and exit their living quarters freely.  
3 When an individual chooses to remain in his or her room, staff members interact with that  
4 individual and attempt to persuade him or her to join the group, a treatment strategy that is  
5 essential for individuals who isolate themselves as a symptom of their mental illness. If an  
6 urgent situation requires that an individual be involuntarily restrained or held in isolation in a  
7 room, the restraint procedures must be authorized by a psychiatrist, must be for a clinical reason,  
8 and must be reauthorized as necessary every four hours.

9         27. In jail, by contrast, class members are routinely held in solitary confinement for  
10 twenty-three hours a day for reasons unrelated to their mental health needs. Class members are  
11 placed in solitary confinement because they are victimized by other inmates, or because  
12 symptoms of their illnesses prevent them from following generally applicable rules or behavioral  
13 expectations. Sometimes class members are placed in solitary confinement for their erratic or  
14 unpredictable behavior, not as punishment for breaking the rules, but to prevent them from  
15 continuing to break other rules which may result in additional charges or some other more  
16 serious form of punishment. These same solitary confinement cells are used to punish other  
17 inmates for bad behavior. Class members cannot enter or exit their cells freely, and are not  
18 encouraged to interact with other people. Even class members on suicide watch are observed by  
19 video camera; they experience almost no human interaction, even though isolation is known to  
20 be clinically destructive to these individuals' mental health.

21         28. Incarceration, generally, is bad for class members for several reasons. While waiting  
22 for long periods of time in local jails, class members are not receiving the mental health  
23 treatment they need. Their conditions worsen not only because of lack of treatment, but because  
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1 prolonged incarceration exacerbates mental illness, making symptoms more intense and more  
2 permanent, and reducing the likelihood the person's competency can ever be restored.  
3 Incarceration increases the likelihood of suicide. Incarceration also unnecessarily exposes class  
4 members to harmful conditions such as jail overcrowding, which leads to increased violence  
5 among inmates and to the targeting of individuals perceived as weak. Because class members  
6 are stigmatized for what others perceive as erratic and unpredictable behavior, they are less  
7 likely to find a social support network within the jail and therefore are less successful than others  
8 at navigating the jail environment, increasing their feelings of isolation, terror, and despair.

#### 9 **IV. Barriers to Timely Competency Services**

10 29. The primary causes of the delay in Defendants' provision of services to class  
11 members are shortages of staff and of beds at both WSH and ESH. The staff and bed shortages  
12 are primarily the result of insufficient funding and inadequate planning.

13 30. DSHS identified numerous other structural and clinical barriers to timely services, in  
14 addition to the lack of staff and beds. DSHS identified (1) delays of one to three days in  
15 receiving all of the required documentation; (2) delays caused by scheduling an interpreter; (3)  
16 delays caused by defense attorneys requesting to be present during an evaluation but failing to  
17 make themselves available for the interview in a timely manner; (3) delays caused by a litigant's  
18 rejection of an assigned evaluator; (4) delays caused by long travel times for evaluators who  
19 travel between county jails; (5) delays caused by waiting for intoxicants to clear out of an  
20 individual's system before performing an evaluation; (6) delays caused by a lack of adequate  
21 evaluation rooms or other evaluation facilities at the jails; and (7) delays caused by jail  
22 transportation of individuals to the state hospitals.

1 With appropriate planning, coordination, and resources, none of these barriers prevent  
2 DSHS from providing competency services within seven days.

3 31. DSHS's staff shortage has been exacerbated by DSHS's inability to effectively hire  
4 or retain qualified staff.<sup>1</sup> DSHS's ability to hire has been hampered by the fact that DSHS does  
5 not pay competitive wages, by a cumbersome collective bargaining process, and by institutional  
6 resistance to expanding the pool of eligible applicants for vacant positions. DSHS has failed to  
7 meaningfully explore utilizing other qualified professionals to perform evaluations, including  
8 psychiatric nurse practitioners, physician's assistants, and masters in social work, and has failed  
9 to offer the requisite forensic training that could prepare these other professionals to perform  
10 evaluations. High evaluator turnover in recent years has also hampered the timely provision of  
11 services because new evaluators are unable to complete evaluations as quickly as experienced  
12 evaluators, and because temporary vacancies during turnover result in lower system-wide  
13 capacity.

14 32. The lack of accurate data and timely performance reporting makes it difficult for  
15 DSHS to understand and predict demand for its services, to improve its operating policies and  
16 procedures, and to adequately plan for the future. Inconsistent procedures and practices across  
17 the hospitals hamper the timely provision of services, as does the fact that the hospitals do not  
18 consistently use electronic medical records instead of paper records. Timely services are further  
19 hampered by DSHS's lack of knowledge about, and lack of willingness to use, electronic court  
20 records, which are available for most jurisdictions and which contain much of the information  
21 needed to provide competency services.

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23 <sup>1</sup> Evaluator availability is further limited because evaluators are not asked to make themselves  
24 available to conduct evaluations in the evenings, on weekends, or on holidays, forcing class members to  
wait for longer periods even though jails operate twenty-four hours a day, seven days a week.

1 33. Long travel times hamper timely evaluation services because all of DSHS's  
2 evaluators are currently stationed at just three locations in the State of Washington: ESH, WSH,  
3 and a satellite office in Seattle. DSHS is planning to open a satellite office in Vancouver,  
4 Washington, and to station up to two new evaluators in the Yakima or Tri-Cities areas. There is  
5 no requirement that evaluators be based at the state hospitals.

6 **V. Seven Days is Both Reasonable and Achievable**

7 34. Notwithstanding the barriers faced by DSHS, DSHS is capable of providing the  
8 services they are charged with providing within seven days with more resources and better  
9 management. If the forensic mental health system is given the resources it requires, wait times  
10 of seven days or less can be achieved in nine months.

11 35. With full staffing and adequate bed space, DSHS could meet current and future  
12 demand by adopting new administrative efficiencies:

13 There is no current attempt to sort class members by the seriousness of their crimes, e.g.  
14 whether the charge is a misdemeanor or a felony, and thus no attempt is made to sort between  
15 people who would spend two days in jail if convicted and people who would spend years in  
16 prison.

17 There is no current attempt to triage or sort class members by the acuity of their mental  
18 illnesses and their current manifestations, and thus no attempt to admit those who urgently need  
19 hospitalization and intensive care over those who are more stable.

20 There is no system-wide attempt to triage class members based on the amount of time or  
21 resources that their cases require, e.g. whether their evaluations are simple and can be done  
22 quickly or will require additional interviews and the examination of substantial additional  
23 records.

1 36. Pierce County currently utilizes a panel of independent contract evaluators to  
2 perform evaluations in the Pierce County jail. The panel system is made possible by Senate Bill  
3 5551, which allows counties to contract for evaluators when the State is consistently failing to  
4 meet the seven-day target for the provision of services. Although there can be a delay of one to  
5 three days in securing the necessary documents and assigning the case to an evaluator,  
6 approximately ninety-five percent of evaluations are completed within seven days of assignment.  
7 These evaluations are reportedly of good quality, and have not been rejected by the courts or the  
8 litigants in Pierce County.

9 37. Experts hired by the State have identified as a problem the high percentage of  
10 forensic beds currently being occupied by patients found not guilty by reason of insanity  
11 (“NGRI”). These experts, Groundswell Services, Inc., advised that Washington is an outlier  
12 among states in being overly punitive by failing to identify community-based programs for the  
13 NGRI population and instead holding them in hardened forensic facilities. Moving members of  
14 the NGRI population to less restrictive housing or to community-based programs would make  
15 available beds and staff for competency evaluation and restoration services.

16 38. The system-wide problems in Washington’s forensic mental health system and  
17 proposed solutions identified by Groundswell Services are consistent with the problems and  
18 solutions identified by the 2012 and 2014 Joint Legislative Audit and Review Committee reports,  
19 ordered by the state legislature in an effort to aid DSHS in providing timely services.

20 39. Recent attempts by DSHS to implement the suggestions of experts hired by the State  
21 show progress. The State’s future planning, however, currently done in two-year increments, is  
22 inadequate to accommodate the increase in demand for competency services on a long-term  
23 basis. Long-term planning is required in order for DSHS to keep pace with demand and not fall  
24

1 back into crisis. DSHS must plan for the long-term future as current estimates project that  
2 demand for services will continue to increase at a rate of eight to ten percent each year.

3 40. DSHS consistently ignores court orders to provide class members with services or to  
4 admit class members to the state hospitals, even when they have been found in contempt. DSHS  
5 has developed a de facto policy to continue to administer the forensic mental health system in the  
6 manner it considers best; court orders which conflict with its waiting list methodology are  
7 ignored as a matter of course. Numerous orders from numerous courts have been ignored under  
8 this policy.

### 9 CONCLUSIONS OF LAW

10 1. DRW has standing to represent the interests of persons who require competency  
11 services, and to seek a permanent injunction and declaratory judgment establishing the time  
12 frames within which due process requires that services be provided. See Oregon Advocacy Ctr.  
13 v. Mink, 322 F.3d 1101, 1112 (9th Cir. 2003); In re Lamb, 173 Wn.2d 173, 196-197 (2011)  
14 (citing to federal law providing DRW with the authority to “pursue legal, administrative, and  
15 other appropriate remedies . . . to ensure the protection of, and advocacy for, the rights of persons  
16 with . . . disabilities.”); Doe v. Stincer, 175 F.3d 879 (9th Cir. 1999); Hunt v. Washington State  
17 Apple Advertising Commission, 432 U.S. 333 (1997). Next friends have standing because they  
18 have shown that: (1) each Plaintiff is unable to litigate his own cause due to mental incapacity or  
19 other similar disability; and (2) each next friend has some significant relationship with, and is  
20 truly dedicated to the best interests of, each Plaintiff. Coal. of Clergy, Lawyers, & Professors v.  
21 Bush, 310 F.3d 1153, 1159-60 (9th Cir. 2002).<sup>2</sup>

22 2. Plaintiffs’ burden of proof on their claims is a preponderance of the evidence.

23 \_\_\_\_\_  
24 <sup>2</sup> Defendants have not challenged standing.

1 3. Constitutional questions regarding the conditions and circumstances of pretrial  
2 confinement are properly addressed under the Due Process Clause of the Fourteenth Amendment  
3 to the United States Constitution. Mink, 322 F.3d at 1120-21.

4 4. The foundational liberty interest under the due process clause is freedom from  
5 incarceration. Oviatt ex rel. Waugh v. Pearce, 954 F.2d 1470, 1474 (9th Cir. 1992). Individuals  
6 have a fundamental liberty interest in being free from incarceration absent a criminal conviction,  
7 and there exist corresponding constitutional limitations on pretrial detention. See Lopez-  
8 Valenzuela v. Arpaio, 770 F.3d 772, 777-78, 780-81 (9th Cir. 2014) (en banc).

9 5. “Incapacitated criminal defendants have liberty interests in freedom from  
10 incarceration and [also] in restorative treatment.” Mink, 322 F.3d at 1121.

11 6. As part of a right to treatment and care, institutionalized persons have liberty interests  
12 in reasonable care and safety, reasonably non-restrictive confinement conditions, and such other  
13 treatment as may be required to comport fully with the purposes of confinement. See Youngberg  
14 v. Romeo, 457 U.S. 307, 319 (1982) (mentally retarded individual committed in state institution  
15 has liberty interests requiring state to provide minimally adequate or reasonable training to  
16 ensure safety and freedom from undue restraint).

17 7. A determination of constitutionally adequate treatment for Plaintiffs and class  
18 members must be measured not by that which must be provided to the general prison population,  
19 but by that which must be provided to those committed for mental incompetency. See Ohlinger  
20 v. Watson, 652 F.2d 775, 777-78 (9th Cir. 1981) (“a person committed solely on the basis of his  
21 mental incapacity has a constitutional right to receive such individual treatment as will give each  
22 of them a realistic opportunity to be cured or to improve his or her mental condition”). “Lack of  
23 funds, staff or facilities cannot justify the State’s failure to provide [such persons] with [the]



1 treatment necessary for rehabilitation.” Mink, 322 F.3d at 1121 (quoting Ohlinger, 652 F.2d at  
2 779).

3 8. The purpose of a class member’s incarceration during this portion of his or her case is  
4 either the completion of an evaluation in a jail, or admission to a state hospital for competency  
5 services. Because class members have not been convicted of any crime, they are not being  
6 incarcerated as punishment. See Bell v. Wolfish, 441 U.S. 520, 535 (1979) (under the Due  
7 Process Clause, a pretrial detainee may not be punished prior to an adjudication of guilt in  
8 accordance with due process of law.) Furthermore, when competency evaluations or restorations  
9 are ordered, class members’ criminal cases are stayed, and the time they spend incarcerated as a  
10 consequence of their suspected or confirmed incompetence is excluded when computing time for  
11 trial. See RCW 10.77.084; CrR 3.3(e).

12 9. Class members who are found competent to stand trial do not have a right to  
13 competency restoration treatment. Nevertheless, while awaiting evaluation services from  
14 Defendants, the cause of their incarceration is suspected incompetence, and the purpose of their  
15 incarceration is to receive competency services. As such, due process requires, at a minimum,  
16 some rational relation between the nature and duration of confinement and its purpose. See  
17 Jackson v. Indiana, 406 U.S. 715, 738 (1972) (“due process requires that the nature and duration  
18 of commitment bear some reasonable relation to the purpose for which the individual is  
19 committed”). A reviewing court must therefore consider the constitutionality of the detention in  
20 light of the detention’s purpose, determine whether the detention is based on permissible goals,  
21 and, if it is, evaluate whether the detention is excessive in relation to those goals.

22 10. “Whether the substantive due process rights of incapacitated criminal defendants  
23 have been violated must be determined by balancing their liberty interests in freedom from  
24

1 incarceration and in restorative treatment against the legitimate interests of the state.” Mink, 322  
2 F.3d at 1121.

3 11. Plaintiffs and class members have suffered, and continue to suffer, prolonged  
4 incarceration in city and county jails for the purpose of waiting for competency services from  
5 Defendants because of suspected or confirmed mental incompetence. Their prolonged  
6 incarceration implicates their right to be free from incarceration absent conviction and their right  
7 to the competency services which form the basis for their detention.

8 12. The State’s primary governmental interest in regard to Plaintiffs and class members  
9 is to bring those accused of a crime to trial. In furtherance of that goal, the state has a legitimate  
10 interest in evaluating a potentially incompetent defendant’s competency so as to determine  
11 whether he or she may stand trial, and in restoring the competency of those found incompetent so  
12 that they may be brought to trial. The state has a corresponding interest in an efficient and  
13 organized competency evaluation and restoration system, the administration of which uses public  
14 resources appropriately.

15 13. After weighing the interests involved, the Court concludes that due process  
16 balancing favors Plaintiffs and class members, and finds seven days to be the maximum  
17 justifiable period of incarceration absent an individualized finding of good cause to continue  
18 incarcerating that person.

19 14. A seven-day limit is required by the Constitution because of the gravity of the harms  
20 suffered by class members during prolonged incarceration—harms which directly conflict with  
21 class members’ rights to freedom from incarceration and to the competency services which form  
22 the basis of their detention, and also directly conflict with the State’s interests in swiftly bringing  
23 those accused of crimes to trial and in restoring incompetent criminal defendants to competency  
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1 so as to try them. Unlike the state psychiatric hospitals, jails cannot provide the environment or  
2 type of care required by class members, especially where class members are held in solitary  
3 confinement without access to medication, and as a result, jails actively damage class members'  
4 mental condition. Each additional day of incarceration causes further deterioration of class  
5 members' mental health, increases the risks of suicide and of victimization by other inmates, and  
6 causes illness to become more habitual and harder to cure, resulting in longer restoration periods  
7 or in the inability to ever restore that person to competency. The inhumanity of holding class  
8 members in jails for prolonged periods of time has been affirmatively recognized by Washington  
9 State, which has twice in the last five years passed legislation declaring that the policy of the  
10 State of Washington is that competency services should be provided within seven days. A  
11 similar policy was established in Oregon, where the state has successfully met the seven-day  
12 requirement of the Oregon Advocacy Center v. Mink injunction, an injunction that was upheld  
13 by the Ninth Circuit Court of Appeals.

14 15. The interests of all Parties are protected and furthered by a seven-day timeframe. For  
15 class members, this timeframe provides a real limitation on the amount of time that they can be  
16 incarcerated without being convicted of a crime, allows for the provision of greatly needed  
17 services, the provision of which forms the basis of their detention, and finally, provides them  
18 with prompt treatment and a meaningful chance at recovery. The protections afforded by the  
19 Constitution require that society treat all individuals fairly, including our most vulnerable  
20 citizens, and require that we organize our institutions so that they do not cause harm to the very  
21 people they are created to protect.

22 The State's interests are also furthered by the seven-day timeframe. The state's primary  
23 interests are in swiftly bringing those accused of criminal acts to trial, and in running its forensic  
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1 mental health system in an organized and cost-effective manner. People who are incarcerated for  
2 long periods of time before they receive services require longer and more intensive care,  
3 resulting in higher costs to DSHS. Class members' criminal trials are delayed by long periods of  
4 incarceration, especially where the incarceration causes class members to require a longer  
5 treatment period. Not only does this contravene the State's interest in swiftly bringing the  
6 accused to trial, it results in significant costs to the public, who pay for the incarceration and the  
7 extended treatment. Holding someone in solitary confinement, a common occurrence with class  
8 members, is especially taxing on jail resources and expensive to the public. While it is the  
9 counties rather than DSHS who directly fund the jails, the public bears the cost nonetheless. An  
10 efficient system that moves people through the competency process quickly will thus increase  
11 the speed at which competent people are brought to trial, will increase the percentage of  
12 incompetent people who can be restored and thus brought to trial, and will reduce the amount of  
13 money that the public spends incarcerating people. The State's interest in an efficient and cost-  
14 effective system is furthered by requiring it to adopt sound management practices with  
15 measurable results rather than by allowing a poorly managed system to continue to allow itself to  
16 be thrown into crisis every time a minor roadblock presents itself. A properly functioning  
17 forensic system must be able to plan for and accommodate fluctuations in demand, not be  
18 destroyed by them.

19       16. Approximately forty jurisdictions sign orders for evaluations and restorations  
20 managed by DSHS. Even with more funding and changes to the practices and policies of the  
21 Department, Washington's forensic mental health system cannot function efficiently without the  
22 help of all of its participants. Without clear, consistent court orders that attach all statutorily  
23 required information and are immediately transmitted to DSHS, DSHS cannot start the  
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1 evaluation or restoration process. Defense counsel, interpreters, jail wardens, and prosecutors all  
2 have unique responsibilities to ensure that evaluations, hearings, and restoration services are  
3 offered in a timely manner. Defense attorneys who request to be present at competency  
4 evaluations, and thus affect the timeliness of the evaluation with their own scheduling  
5 constraints, must be responsive to communications, and must be flexible so as to allow the  
6 evaluation to be scheduled as soon as practicable. Defense attorneys should also assist in the  
7 process by helping to locate and transmit any missing documentation. Prosecutors make vital  
8 decisions when they choose whom to charge, and whom to divert into community treatment  
9 programs. Prosecutors must be willing to make difficult decisions about who is in need of social  
10 tolerance rather than incarceration. All of these participants are interdependent; a failure by any  
11 participant to take their responsibility seriously threatens the seven-day deadline.

12           17. Consequently, this Court declares that incarcerating Plaintiffs and class members for  
13 more than seven days while they wait for Defendants to provide competency services, without an  
14 individualized determination by a court of good cause to continue incarcerating that person,  
15 violates the Due Process Clause of the Fourteenth Amendment to the United States Constitution.

16           18. Plaintiffs are awarded attorney's fees and costs. Plaintiffs must petition the Court for  
17 a determination of fees and costs within thirty days if the Parties cannot agree on a  
18 determination.

19           **ACCORDINGLY, IT IS SO ORDERED:**

20           The Court orders Defendants to cease violating the constitutional rights of Plaintiffs and  
21 class members by providing timely competency evaluation and restoration services, and enters a  
22 permanent injunction requiring the following:  
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1 (1) Defendants must provide in-jail competency evaluations within seven days of the  
2 signing of a court order calling for an evaluation. Where an in-jail evaluation cannot be  
3 completed within seven days of a court order, Defendants must secure an extension from the  
4 ordering court for individualized clinical good cause, or must immediately admit the individual  
5 to a state hospital to finish conducting the evaluation. Clinical good cause means good cause  
6 based on the unique medical or psychiatric needs of the particular individual, and does not  
7 include a lack of resources or the system's inability to administratively accommodate the needs  
8 of the individual within seven days;

9 (2) Defendants must admit persons ordered to have their competency evaluated in a state  
10 hospital into that hospital within seven days of the signing of the court order; and

11 (3) Defendants must admit persons ordered to receive competency restoration services  
12 into a state hospital within seven days of the signing of a court order calling for restoration  
13 services.

14 Defendants are further ordered to cease violating the constitutional rights of Plaintiffs and  
15 class members by reducing wait times as soon as practicable, but no later than nine months from  
16 the date of this order. Defendants are ordered to secure sufficient evaluation staff, restoration  
17 staff, and administrative staff, so as to allow them to provide competency services within seven  
18 days. Defendants are ordered to secure sufficient bed space and other facilities so as to allow for  
19 the admission of Plaintiffs and class members to state hospitals within seven days, without  
20 sacrificing the therapeutic environment of a psychiatric hospital.

21 Defendants have demonstrated a long history of failing to adequately protect the  
22 constitutional rights of Plaintiffs and class members, and have acknowledged that this failure is  
23 indefensible. Defendants have not demonstrated that they are adequately planning for the future  
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1 growth in demand for competency services. In order to ensure that Plaintiffs and class members  
2 do not face another constitutional crisis in three years, Defendants are ordered to prepare a long-  
3 term plan on how they will continue to provide services within seven days, even as demand for  
4 such services continues to grow and the state hospitals' existing campuses reach their full  
5 capacities. Defendants are ordered to submit their long-term plan to this Court no later than  
6 three months from the date of this order.

7 Defendants have demonstrated a consistent pattern of intentionally disregarding court  
8 orders, including where they have been found in contempt of court, and have established a de  
9 facto policy of ignoring court orders which conflict with their internal policies. In order to  
10 ensure compliance with this order, the Court will appoint a Monitor, as an agent of the Court, to  
11 oversee Defendants' implementation of the injunction's requirements. The Parties are ordered to  
12 provide the Court with a joint recommendation for an appropriately qualified expert to serve as  
13 the Monitor within fourteen days of the date of this order. If the Parties cannot agree on a  
14 recommendation, the Parties should each submit a list of at least two recommendations.  
15 Recommendations should include the name of the proposed Monitor, assurance that the person is  
16 willing to serve as a Monitor, and his or her current curriculum vitae. The Monitor will be an  
17 agent of the Court, and shall be subject to its orders. Defendants are responsible for all  
18 reasonable fees and costs incurred by the Monitor.

19 Defendants shall file a report with the Monitor on the fifth day of every month, which  
20 shall include: (1) the number of days between when a court ordered provision of competency  
21 services and when provision was completed, for each person ordered to receive competency  
22 services during the previous month; (2) data regarding the number of evaluators, bed capacity,  
23 physicians, and other resources needed to provide timely competency services; (3) the steps  
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1 taken in the previous month to implement this order; (4) when and what results are intended to  
2 be realized by each of these steps; (5) the results realized in the previous month; (6) the steps  
3 planned to be taken in the following month; (7) certification by Defendants that they are fully  
4 compliant with all deadlines that became due in the previous month; (8) Defendants' estimate for  
5 when the wait times will reach seven days or less, and all data relied on in making that estimate;  
6 and (9) any other information the Monitor informs Defendants is necessary for the Monitor to  
7 fully review Defendants' actions and advise the Court.

8         Within thirty days of every third monthly report from Defendants, the Monitor shall file a  
9 quarterly public report with the Court which shall include: (1) a summary of Defendants' actions  
10 during the preceding period; (2) the Monitor's opinion as to the sufficiency of Defendants'  
11 progress; (3) the Monitor's recommendations for actions to remedy any lack of progress or  
12 performance by Defendants; and (4) the Monitor's recommendation on when, and under what  
13 circumstances, the Monitor's services are no longer needed or should be modified. Defendants'  
14 monthly reports shall be attached as appendices to the Monitor's quarterly public report.

15         Upon submission of Defendants' long-term plan for continued compliance with this order  
16 as demand for competency services continues to grow, the Monitor shall provide the Court with  
17 an opinion about the sufficiency of the plan and make recommendations for remedying any  
18 deficiencies in the plan.

19         When it determines a hearing is necessary based upon its review of the Monitor's reports  
20 or the input of the Monitor and the Parties, the Court will hold a hearing to secure additional  
21 evidence or argument about the sufficiency of Defendants' progress in substantially complying  
22 with this Court's order, and to order any action necessary to remedy a lack of progress or  
23 performance in correcting the underlying constitutional violation.



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The clerk is ordered to provide copies of this order to all counsel.

Dated this 2nd day of April, 2015.



Marsha J. Pechman  
Chief United States District Judge